



UNIVERSITY OF CAMBRIDGE
ALUMNI
CAMBRIDGE SOCIETY OF
HEREFORD AND WORCESTER

'MUSIC THERAPY AND DEMENTIA'

Thursday 20th February 2025 at 6.30 p.m.

The Wellington Inn, Chances Pitch, Colwall, Malvern, WR13 6HW

A simple pub supper

**followed by an illustrated talk by Maggie Grady, Director of 'Mindsong',
on how people living with dementia and those caring for them
can be helped and supported by music therapy.**

Maggie Grady is the Director of 'Mindsong', a charity that creates and provides music therapy services across Gloucestershire, tailored for people living with dementia and for their families and friends. It aims to support wellbeing, decrease isolation, help clients and carers communicate more easily and develop new relationships, and bring joy through music. Among its many services, it offers clinical music therapy sessions in clients' homes, singing groups in the community and in care homes, and exploratory support groups for people who have recently received a dementia diagnosis. It aims to increase awareness and understanding of dementia through training and education.

The Wellington Inn on the A449, at Chances Pitch and between Malvern and Ledbury, is a welcoming country pub with a good reputation for food. There is a car park.

The cost is £25.00 p.p., which includes a donation to Mindsong.

Menu: The Wellington Inn is offering us a warming choice of:

SPANISH CHICKEN AND CHORIZO WITH PATATAS BRAVAS (Gluten Free)

or

WINTER VEGETABLE AND BEAN CASSOULET (Vegetarian and Gluten Free)

Drinks, tea and coffee can be ordered from the bar.

Please send in the **booking form** (other attachment) by **Friday, 14th February 2025**.

As this is an evening event we are hoping some younger members may also be able to join us after work. Please address any queries to Satyam (satyam.makoieva@gmail.com) or by phone, 07941 895394.

We look forward to seeing you.